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Cuts to MMH Hours Are “Off the Table!”

LAST THURSDAY NIGHT’S meeting of the Central Algoma Rural Health Care Steering Committee turned out to be anything but routine. Of course nobody expected otherwise! The main item on the agenda was Matthews Memorial Hospital and the latest threat to its continued existence: the possibility of cuts to its emergency services hours.

At the centre of that storm were St. Joseph Township Mayor Jody Wildman, recently also elected as Chair of the Central Algoma Rural Health Care Steering Committee and BRDHC CEO Gaston Lavigne, who asserted that the cuts were simply one option being looked at and there were no plans, at least at this time, to act on that option.

In November 2015, Blind River District Health Centre CEO Gaston Lavigne was forced by the North East LHIN, keeper of the health care purse strings, to come up with ways to reduce operating costs to balance BRDHC’s budget. Mr. Lavigne and his committee identified the MMH cuts as one of three major possible options that could be considered to achieve that objective.

If such cuts were indeed made, MMH would inevitably lose its status as a community hospital and would become at best, a clinic open during the daytime only. The inevitable leak of word that the idea was even being considered triggered a storm of protest and concern from the communities in MMH’s catchment area, which extends from Echo Bay to the Bruce Mines town limit, including St. Joseph Island.



After a few weeks of fiery, sometimes downright nasty exchanges between the two, Mayor/Chair Wildman was very pleased when Mr. Lavigne asked to attend Thursday night’s Steering Committee meeting, along with a delegation of his officials. He wanted to open the doors of communication between the principal parties, and to clarify where things truly stand in BRDHC’s cost-cutting quest.

One thing that quickly surfaced was the apparently poor communication amongst the parties who are relying on the services of our Physician Recruitment consultants, one of which is our own Matthews Memorial Hospital Association. “To everyone’s surprise, we were informed by the BRDHC senior management team that the decision had recently been made to cut the

Continued on next page



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CUTS TO MMH . . . *continued from cover*

recruiter's hours of work and some of the recruitment fairs that she will be attending over the remainder of the year," said MMHA Chair Sheila Campbell in another interview. "This resulted from the inability of MMHA to commit to the dollar amount requested," she added, referring to MMHA's appeal for financial support from the municipalities in the MMH catchment area, an answer on which is expected within the next few weeks.

The municipalities seem willing to continue their financial support of MMHA, but there is common concern about how the recruitment is being done. Mayor Wildman expresses his own township's position: "Our council has always said that we would support physician and recruitment efforts as long as we understood the plan and could justify the costs," he stated. "We have made significant contributions to physician recruitment efforts in the past and will be supporting this year's efforts as well. However, we do have major philosophical issues with the incentives offered as part of these packages and we

believe that the government should outlaw these practices." That position appears to be shared by the other stakeholders as well.

Then came the main event, so to speak as Mr. Wildman informed Mr. Lavigne that he had heard from a member of the BRDHC Board of Trustees that, at its regular Board meeting two days earlier, all of the services provided by the three sites (Blind River, Thessalon and Matthews) were identified and assigned a ranking in importance from 1 (least important) to 5 (most important). Emergency services at Matthews were clearly ranked a '5'.

This means that, as far as the BRDHC Board of Trustees is concerned, the idea of cutting MMH services is now "off the table" as an option to be considered this year, and a resolution was passed to that effect.

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Mr. Lavigne did not comment, since he had not been present at that meeting. At our press time, he has not responded to our requests for information and confirmation. Nor has any formal docu-



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mentation been provided to any of the parties involved.

For Jody Wildman, it's surely a satisfying victory and a very positive development, but he remains cautious in his expectations. He believes that Mr. Lavigne and his management team are not the true "bad guys" in all of this, but rather the LHIN, who are not providing the levels of funding necessary for the proper delivery of our health care. "The LHIN's funding support has changed since the amalgamation of the three hospitals into one administrative entity," he tells us. "Gaston and his team are running our three area sites very efficiently, but they're being penalized by an inadequate funding model that has only seen a three percent increase over the past four years. This is not logical or sustainable."

"I believe the public pressure had an effect on their final decision not to recommend a cut to our hours as part of their deficit cutting plan," he added. "The focus now should be on the Northeast LHIN and the Ministry of Health and Long Term Care where it should have been all along."

So there we have it: Matthews Memorial Hospital will remain a hospital, at least for the current budget year. But let's not relax quite yet. Until our local health care receives the funding it truly needs, MMH and other small community hospitals will always be kept dangling on the 'endangered species' list.

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Author Karen Autio To Visit Richards Landing

By Dawn Stinson

KAREN AUTIO IS THE AUTHOR of a trilogy of historical novels about events in Canada's history that haven't had much attention. She has also written an illustrated chapter book called *Kah-Lan the Adventurous Sea Otter*.

Karen grew up horse-crazy and book-loving in Nipigon, Ontario. In fact, one of her favourite summertime goals as a kid was to read through an entire (long) shelf of books at the public library. She began writing and illustrating stories for fun around age nine and imagined herself becoming a children's book illustrator.

Life took a different path when Karen majored in math and computer science at the University of Waterloo, then worked as a software developer for several years. When her youngest child entered grade one, Karen decided to pursue her long-held dream of writing for children. Her love of family history and the tale of a silver spoon prompted her book ideas. She signed up for a "Writing Fiction for Children" course, joined a writers' group, and began writing—and re-writing—her stories.



Karen's historical novels for young readers centre on the Finnish-Canadian Mäki family in early Thunder Bay. *Second Watch* was inspired by the gift of a silver sugar spoon from her Finnish grandmother and the wreck of the Canadian Pacific steamship *Empress of Ireland* in 1914.

Writing *Saara's Passage*, the second book in the trilogy, was sparked by the mystery surrounding her Finnish grandmother's battle with tuberculosis, and the letters she wrote to her infant daughter, Karen's mother, while quarantined with TB.

The third book in the trilogy is *Sabotage*. Inspiration for this book came from the 1915 plot by German agents to destroy the Canadian Pacific railway bridge in Karen's hometown. Told by both Saara and her brother John, *Sabotage* takes readers into a real-life world of espionage, sabotage, and paranoia in Canada during the First World War.

The motivation to write the first draft of *Kah-Lan the Adventurous Sea Otter* was Karen's newly discovered love for sea otters at the Vancouver Aquarium, along with the project requirement in her first children's literature course in 1985.

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Thirty years later—yes, you read that right—Karen’s dream of having her Kah-Lan story published, and illustrated by Sheena Lott, has come true. In this chapter book, the heroic travels of two dynamic and realistic sea otter characters are a wonderful introduction to sea otters, and to the human activities that threaten them. Warm and appealing illustrations and factual notes and resources provided at the back of the book will inspire readers to learn more about these remarkable animals.

When she’s not researching, writing, or working as a freelance editor, Karen enjoys canoeing, photographing wildlife, reading, and travelling. She also delights in sharing her passion for research and writing with students by revealing nuggets of little-known Canadian history or amazing sea otter facts, along with her author journey in her classroom presentations.

Karen now lives in Kelowna, British Columbia, only a little less horse-crazy and far more book-loving.

She will be presenting at St. Joseph Island School on May 11th at 1:45 – 2:45 pm to the Grade 2 - Grade 6 students, then at the Children’s Library on May 11th from 3:30-4:30 pm.

Anyone from the community who is interested in Karen’s presentation is welcome to join us at the Children’s Library.

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The Ontario Health Coalition is having a province wide Referendum between now and Saturday May 28th.

Vote to save our local hospital services and stop the cuts to community hospitals.

Local volunteers will have ballot boxes available throughout the month. Please look for us and vote to stop the cuts.

For information and ballot box locations, please call Maria Smith at 705 246-2483 or email mariabroks@gmail.com. Sponsored by the Sault Ste. Marie Health Coalition and the Ontario Health Coalition: 416-441-2502, email: ohc@sympatico.ca.

Find out more by taking part in the Coalitions' Town Hall Meeting, Friday May 6th at 7 pm at the Royal Canadian Legion, Branch 374 in Richards Landing.

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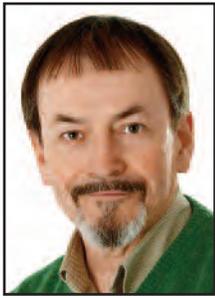
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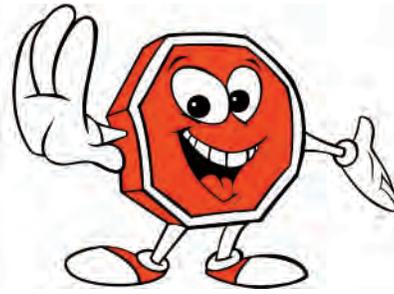
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Gorgeous island home on 2.5 acres. custom designed & built with natural cedar siding. **\$359,900**



3034 Ringham

Extensively renovated 2 bdrm bungalow. Excellent pellet stove for cost efficient heating. **\$118,500**



24 Valhalla

Spacious 3 bedroom in prime location. Main floor family room and more. **\$264,900**



1785 Shore Road

Gorgeous Island waterfront completely renovated! **\$424,900**



3770 Hamilton Bay Dr.

Bright & spacious open concept waterfront on 1 acre! **\$209,900**



1710 15th Side Road

Quality throughout in this bright 3 bdrm with 2 car garage & more! **\$269,900**



3302 Twin Lakes Drive

Bright & spacious seasonal get-a-way cottage! **\$129,900**

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Island Insight

Letters to the Editor printed in the Island Insight Column reflect the views of the writer and not necessarily those of the Island Clippings.

I'll preface this rant with I do believe we need to take responsibility for our actions – including our health– but the Algonoma Health Units recent editorial “Algonoma Cancer Rates Worse than Average” that focused on blaming the victim, accompanied with vague unspecified guidelines, is old and worse, it is harmful. AHU are you saying that if I have cancer it's my fault?

AHU you can do better than this.

Being healthy isn't quite as easy as this article would lead one to believe. Health information is necessary, but it is woefully insufficient.

Not everyone has the same access to good health. If you are poor, you are 4 times as likely to have poor health. Living in the north or rurally are risk factors for poverty and limited access to health care.

The following are 10 *alternative* steps for staying healthy published by Canadian Public Health Association. This list has been around for some time but I think worth sharing. I have added one more to the list.

- 1 Don't be poor. If you can, stop. If you can't, try not to be poor for long.
- 2 Don't have poor parents
- 3 Own a car.
- 4 Don't work in a stressful, low paid, manual job.
- 5 Don't live in damp, low quality housing.
- 6 Be able to afford to go on a foreign holiday and sunbathe.
- 7 Practice not losing your job and don't become unemployed.
- 8 Take up all benefits you are entitled to, if you are unemployed, retired or sick or disabled.
- 9 Don't live next to a busy major road or near a polluting factory.
- 10 Learn how to fill in the complex housing benefit application forms before you become homeless and destitute.

Source: Raphael and Rieder, *Community Action for Heart Health: Equity not Exercise.*

<http://www.cpha.ca/en/programs/history/achievements/01-sdh/steps.aspx>

Plus one more we know is positively correlated to being and keeping healthy.

The Dry Dock Restaurant

Mother's Day Special!

Barbeque Ribs

Potato

Grilled Vegetables

Tea or Coffee and Dessert

Call for Reservations

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Mark Henderson 246-2110

11 Live where you have access to your health care provider - the provider who knows you. (access being defined as same, next day appointment or the day of my choosing)

Since moving back to the north from southern Ontario I have been appalled at the lack of timely access to primary, acute and long term care services (aka your family doctor or nurse practitioner, your hospital and emergency departments, and the long term care).

Health Units/Departments have known for decades that the victim blaming message is the wrong message. It is based on a false premise and assumes changing behaviours is easy. Scientists of habits and behavior change disagree. Anyone who has tried to change a habit (and therefore a behavior) knows it can be torturous.

And habits start when we are young. According to the Conference Board of Canada (2015):

‘Children who experience poverty, especially persistently, are at higher risk of suffering health problems, developmental delays, and behaviour disorders. They tend to attain lower levels of education and are more likely to live in poverty as adults.’ <http://www.conferenceboard.ca/hcp/details/society/child-poverty.aspx>

Canada rates abysmally compared to other OECD countries according to the Organization for Economic Co-operation and Development (OECD) regarding child poverty ranking 22nd out of 39 countries just ahead of Slovak Republic and Malta, and below the OECD average. Go check this out for yourself.

http://www.oecd.org/els/soc/CO_2_2_Child_Poverty.pdf

CBC radio last week announced that Health Quality Ontario (HQO) had released a paper on Health Equity. Poor health is correlated to being poor. Not surprising. If you have access to the internet, and not everyone in the north does, you can access a copy by going to HQO's website. <http://www.hqontario.ca/Portals/0/documents/system-performance/health-equity-report-en.pdf>

Health Quality Ontario (HQO) is the provincial advisor on quality in health care.

continued on page 15



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Blind River District Health Centre
Pavillon Santé du District de Blind River

CORPORATE MEMBERSHIPS AVAILABLE

Corporate memberships for the 2016/17 year are now available online at www.brdhc.on.ca or at any of the following locations:

- Blind River Site — Admitting Desk
- Thessalon Site — Front Entrance
- Matthews Memorial Site — Front Entrance

The Membership fee is \$1.00. A person is eligible to be an annual member when at the time of payment the person must,

- Be at least eighteen (18) years of age;
- Have been a resident of the greater area which is served by the Health Centre from and including Spanish to the east and including the Township of Macdonald, Meredith & Aberdeen to the west for a continuous period of at least three months immediately prior thereto, or
- Be employed or carry on business in the area described.

All Corporate Memberships for 2016/17 must be purchased by **12:00 pm Friday May 13, 2016.**

The Annual General Meeting is scheduled to take place on **Tuesday June 14, 2016.**

For additional information please contact
705-356-2265 ext. 2601.

The Township of St. Joseph Municipal Landfill Site Free Dump Week: May 22 - 28



will be on hand

SATURDAY, MAY 28
10 a.m. to 2 p.m.

to collect household furniture, tools and fixtures.
(No MDF furniture)

For a complete list of what can and cannot be accepted please visit www.habitatsault.ca or call 705 941-9646

The Township of St. Joseph Landfill will reopen **Mondays starting May 23, 2016**

Together we CAN make a difference.
Remember to RECYCLE!

Friday Night Foods at the Legion

The special is Summer Barbeque along with the regular menu.

Entertainment will be Maple Sugar

Entertainment supplied by volunteer musicians

Come and try your luck at the meat draw!

Take out available

FOR SALE

2003 Dodge Caravan Sport in good condition. 216,000 km, mostly hwy. \$900. Call for more info. Len 705 246-7410

Blendtec Jars \$39 for One Blendtec Jar Used - 32 oz. \$89 for One Blendtec New, never used, manual included-Wildside - 36 oz. Call 705 989-4102

Back Rack for sale \$155 OBO. Protects your truck rear window and supports long loads. Call 705 989-7794

One 2 bin Bagger for a 46" Husqvarna lawn tractor, with a vertical draw bar. The part is # H246SL. Still in the box, never used. Original purchase was for more than \$350. but I no longer have the lawn tractor to fit it. The lawn tractor is not included in the price so it will go for \$150. Call Bill or Jan at 705 246-1130.

A true windfall! Several downed and broken trees for sale and removal. Call 705 246-0904

2 love seats and 6 dining room chairs. Call 705 246-3708

Steel door, 34" wide with half moon: \$50. Call 705 246-3177

LOST & FOUND

Found: Keystone spare tire cover in the vicinity of Highway 548 and Gawas Bay. Call 705 246-1635

ITEMS WANTED

We need a couple healthy barn cats, tame, older kittens or young adults. Prefer Manx. 705 998-0106

HELP WANTED

Volunteers needed. Legion Bingo will be starting on May 11th. We are in desperate need of some help. It would be a once a month commitment. Please call Diane Tasse at 705 246-1040 or the Legion office at 705 246-2494 if you can help.

ANNOUNCEMENTS

Bible Verse Signs: The Gospel Text Mission is currently taking requests to display one of their KJV Bible Verse Signs on your property. You provide the location, prayerfully choose the KJV verse and we furnish the sign. Ownership of the sign stays with the mission. Installment and maintenance are FREE and the area serviced is between Espanola and Sault Ste. Marie. Kindly send your particulars to: burgundy9@canada-11.com

Tenby Bay Cemetery Work Bee Friday May 6th starting at 9:30 am. Please bring your garden tools. Lunch will be provided. You don't have to have family members at the cemetery to join us in keeping the grounds neat and tidy. Any questions call 705 246-2392

The annual Spring Cleanup at Grace Cemetery will be on Sat-

urday, May 7th, from 9.00am to Noon. If you have relatives interred here please come along and help us keep the cemetery looking beautiful. Everyone is welcome, and there will be refreshments.

The St. Joseph Island Horticulture Society annual plant sale is approaching. It will happen on the grounds of "The Green Oak Gallery" Richards Landing, Sat. May 21st, 8am to 1pm. Any perennials to share? Members available to come and dig. Contact Maria Smith at 705 246 2483.

May is the Canadian Red Cross Campaign month for our Island and the North Shore. Canvassers will be out soon in the community. Canvassers are volunteers and your donations will be greatly appreciated. These are used for local programs that the Red Cross offers. Monies are also used in times of personal disasters like house fires. Volunteers are still needed. If you are interested, please call Lorrena at 705 246-2103.

The next meeting of the St. Joseph Island Chamber of Commerce will be on Thursday May 12th at 5 pm in the Legion Lounge. A cash bar and snack foods will be available while we meet and mingle and discuss Chamber business. Hope to see you there.

Margaret White Snider invites family and friends to share in the celebration of her 90th Birthday on Saturday, May 14th at Emmanuel United Church, 224 Bennett Blvd., Sault Ste. Marie, Ontario. Come and Go 1:30 - 4:30 p.m. Best wishes only!

THE TOWNSHIP OF ST JOSEPH
ADMINISTRATION OFFICE WILL BE CLOSED FRIDAY, MAY 6 AS OF 12:30 PM DUE TO BUILDING MAINTENANCE. WE SINCERELY APOLOGIZE FOR ANY INCONVENIENCE THIS MAY CAUSE. THE OFFICE WILL REOPEN MONDAY, MAY 9 AT 8:30 am.

CUT INTO SPRING!

GET 20% OFF SELECT 400 SERIES CHAINSAWS

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APRIL 1 - JUNE 30 2016



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HUSQVARNA 445

For users who want a pro-grade saw, this powerful all-rounder combines performance with fuel efficiency.

46 cc - 2.8 hp | 10.8 lbs (4.9 kg)

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HOT BUY

HOT BUY

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So AHU please don't lecture – generally we know what it takes to be healthy. And if you are going to give a guideline please be specific – What do you mean by drink less? "Some is not a number and soon is not a time".

What we need to know is where are your programs or partnerships supporting us to be both *willing and able* to make healthy behaviour change, live healthily, and access those things we need to be as healthy possible – such as affordable housing, affordable food, good paying jobs, education, social connections and those things that determine our health?

Our personal duty is to do the best we can to be healthy, and our civic duty is to take responsibility for demanding policy makers make policy changes necessary to improve the determinants of health and make the healthy choice also the easy choice *for everyone*.

Finally and with full disclosure, in the past I have worked for Ontario Public Health Departments/Units, Health Quality Ontario (HQO) and the Ontario Public Health Association (OPHA).

Tracy Howson

Deadline for classifieds is noon Tuesdays

Deadline for display ads is Mondays at 3 pm

Jocelyn Recreation welcomes you

to their 15th annual Mountain Maple Run/Walk and Kids Fun Run on **Sunday, May 29th** at the Mountainview Centennial Grounds. This event includes a 2km, 5km and 10km run plus a 5km walk. Awards for top finishers, goodie bags for the kids and to the first 200 adult runners and draw prizes. Registration forms can be picked up at the Jocelyn Township Office. Registrations and payments can be made online at <http://www.jocelyn.ca>. *Hot dogs and drinks will be for sale at the grounds.*

For further information call **705 246-2025**
email admin@jocelyn.ca or
mountainmaplerun@gmail.com.



**Royal Canadian Legion
Branch 374
St. Joseph Island**

BINGO RETURNS

WEDNESDAY, MAY 11th

Progressive Jackpot starts at \$200.

Play Every Wednesday \$5.00/strip

EARLY BIRDS – 7:15 pm • Doors Open at 6:30 pm

*Proceeds to Legion Community Services
Licence # M671800*

The Anglican Parish

of St. Joseph & St. George

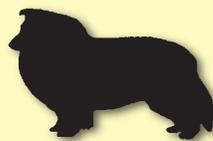
Come and Worship at Holy Trinity Jocelyn on
Sunday, May 15 at 10:30 a.m.

followed by a Pot Luck Luncheon

The Rt. Rev.d Stephen Andrews, Bishop of Algoma will be the Officiant, Effective August 1, Bishop Andrews, will be leaving our Diocese to take up the position of Principal at Wycliffe College.

Everyone is welcome to attend and wish our Bishop bon voyage!

No Service at St. George's in Echo Bay.



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246-2777

RICHARDS LANDING

Classified Ads and Announcements

The Island Clippings is pleased to publish personal Classified Advertising and Public Service Announcements of **50 words or less**, free of charge to Island residents, as a community service. Other than personal for sale ads (**please limit three items**) the announcement must be of value to the community. We reserve the right to decide if the ad is of service to the community. **Please identify yourself when sending in a classified or your ad will not be published.**

Ads or announcements for non-residents or items or services, to be sold for profit, or generate income or events charging an entrance fee (which includes "not for profit organizations") as well as items valued at over \$1,000, will incur a nominal charge of \$10, plus HST. We reserve the right to determine if a fee is required. We reserve the right to edit down to 50 words or less.

Business or commercial ads, including those placed by individuals do not qualify as Classified ad or Public Service Announcements.

ments. Such advertising must be via display advertising, governed by our published rates in effect at that time. Ads or announcements will appear in one issue, but may be repeated, to a maximum of three weeks (space permitting). **Advertiser must resubmit ad each week.** To ensure space for everyone, please limit your content to a **maximum of 50 words.**

Ads can be placed by: **Email to:** islandclippings@gmail.com or by phone 705 246-1635 (**from 9 – 5, Mon-Fri**) or fax 705 246-7060.

Mail to: Island Clippings
RR1, Hilton Beach, ON P0R 1G0
Or simply put it in our pick-up box conveniently located at Ambeault's. Kent's Corner & the Hilton Beach Waterfront Centre.
Sorry, we're not available on Sundays.

WHAT'S HAPPENING ON ST. JOE

Friday

Hens & Stitches, Dr. Trefry Centre - 10 am to 12 pm, 705 246-0036
Island Cast-a-Weights, Calorie Watchers, moved to Hilton Beach Waterfront Centre, near Post Office, same time - 8:30 am
Walking at the Legion - 9 am to noon
Friday Foods at the Legion
AA Meeting, United Church (new addition, side door) - 8 pm

Saturday

The Children's Library - 10 am to 3 pm, Storytime at 10:30 am
Hilton Union Public Library - 1 pm to 5 pm
Free pool all day in the Legion lounge
St. Joseph Twp. Public Library - 10 am to 3 pm
St. Boniface Roman Catholic, Hilton Beach at 4:30 pm.
Teen Game Night - Legion lounge - 6 pm to 9 pm

Sunday

The Anglican Parish of St. Joseph & St. George worships at 11 am at Holy Trinity, Jocelyn
Free Methodist, 10th Side Rd. Coffee, tea and friendship at 10:30 am.
Worship service 11 am.
Island Bible Chapel, Richards Landing.
Lord's Supper 10 am, Family Bible Hour 11:15 am.
Grace United, Hilton Beach. 9:30 am.
Harmony St. Marks United, Richards Landing. 11 am.
The Church of Jesus Christ of Latter-Day Saints, at MacLennan Hall, Primary, Priesthood, Relief Society. 10 - 10:40 Sunday School 10:50 - 11:30 Sacrament Meeting 11:40 - 12:30

Monday

Walking at the Legion - 9 am to noon
Euchre, Legion Hall - 7:30 pm (\$4.00 per person)
Bridge, Dr. Trefry Centre - 1 pm to 4 pm (Open to all seniors) 705 246-0036
Exercise Class, Dr. Trefry Centre - 10 am
Free pool all day in the Legion lounge

Carpet Bowling for 50 Plus, Legion - Refreshments Available - 1 pm
St. Joseph Twp. Public Library - 5 pm to 8 pm
Hilton Union Library - 3 pm to 5 pm & 7 pm to 9 pm

Tuesday

Cribbage (singles), Legion Hall - 7:30 pm (\$4.00 per person)
Free pool all day in the Legion lounge
Quilting - 1-3 pm, Main Floor Waterfront Centre, Hilton Beach except the 3rd week held at the Trefry Centre. 705 246-0036
Childcare Algoma C.A.P. Children's Playgroup - 10 am to noon at Free Methodist Church
Yoga, Old Town Hall, RL - 7 to 8:30 pm, drop-ins welcome

Wednesday

Walking at the Legion - 9 am to noon
Nordic Pole Walking at the Legion - 10 am
Life Labs at the Dr. Trefry Centre - 9:30 to 10:30 am
Free pool in the Legion lounge
Bridge, Dr. Trefry Centre - 1 pm to 5 pm (Open to all seniors) 705 246-0036
St. Joseph Twp. Public Library - 10 am to 3 pm
Food Bank, United Church, Richards Landing (side door) - 1 pm to 3 pm
Children's Library 9 am - 12 Noon, Storytime at 10:30 am
Hilton Union Public Library - 1 pm to 5 pm - Phone number: 705 255-3520.
League pool in the Legion Lounge at 7:30
Wednesday Food at the Legion 7:30 to 9 pm

Thursday

Dr. Trefry Centre's Day Out Program - 9 am to 3 pm.
Coffee Connections 9 am, Dr. Trefry Centre, Come for a coffee!
Children's Library 9 am - 12 noon, Storytime at 10:30 am,
After school Program 3:30 pm to 5 pm,
Free pool all day in the Legion lounge
Exercise Class, Dr. Trefry Centre - 1 pm
The Children's Library, 10 am - 3 pm, Storytime 10:30 am
St. Joseph Twp. Public Library - 3 pm to 8 pm

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